



CARERS WEEK

"Putting Carers on the Map"

Carers Week Event
Open to All!



Meet other organisations

Healthchecks 10:00am

Zumba 10:45am

Workshops 11:15 am

Cake Bake Sale

Refreshments

Wednesday 12th June 2024
10:00 am - 1:00 pm
Redbridge Central Library
Clements Road, Ilford, IG1 1EA
(Studio 1 & 2)



Register now using our QR code or call to
book your place:



020 8514 6251

