

One Place East
Where disability matters



The **CreateAbles**

Do you have a skill to share?

- OPE wants to support the creation of a network that brings people together to craft, make art, generate creative media, literature or poetry for enjoyment and wellbeing, to teach and to learn skills.
- We will provide the space and support to get involved in creative things to do and see.
- We will provide courses in training and group facilitation skills for those interested in leading sessions and running workshops.

Come join us for a creative coffee morning session and find out more about this project on Thursday, 12th May at 10:30am.

If you would like to attend and get involved, email saifur.valli@oneplaceeast.org

