

About Us

Carers Trust Epping Forest, Harlow, Havering & Redbridge was formed as a merger between Crossroads Care Redbridge, Epping & Harlow and Crossroads Care Havering in April 2014. We have been serving our local communities for over 20 years.

We are part of Carers Trust (formed by the merger of the Princess Royal Trust for Carers and Crossroads Care), Britain's leading provider of support for carers and the people they look after.

As a charity, we care for people, not for profit. We are proud of our reputation with all our stakeholders for our excellent service.

Our services are paid for from a number of sources. These include local authorities, charitable trusts or foundations, carers themselves paying for part or all of their services, charitable funds donated by individuals, local businesses, and our own charitable fundraising.

Supporting us

As a charitable organisation we welcome the support of our community. You can support us in many ways - join us as a Friend, become a Trustee, help us with fund-raising, make a donation (www.virginmoneygiving.com) or leave a legacy. We shall be pleased to talk to you about how you can help.

Contact us:

**Carers Trust Epping Forest, Harlow,
Havering & Redbridge**

Office hours:

Monday - Friday 9am-4.30pm

Epping/Harlow: 01992 572557

Havering: 01708 757242

Redbridge: 020 8518 4090



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Crossroads Carer Services
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info@carerstrustcrossroadsehhr.org

www.carerstrustcrossroadsehhr.org

Charity no. 1005208
Company no. 02647932



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Charity Registration Number 1005208

Carers Trust Epping Forest, Harlow, Havering & Redbridge
is the trading name of Redbridge, Epping & Harlow Crossroads
Caring for Carers and is a company limited by guarantee.



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Being a Carer

A carer is someone who provides unpaid support to family or friends who could not manage without this help. It could include caring for a relative, partner or friend who is ill, frail, disabled or has mental health or other problems.

Carers come from all walks of life, all cultures and can be of any age. Carers seldom choose this role - it just happens; they simply do what they feel anyone else should do in their situation and provide support for a loved one.

How We Can Help

We provide a wide choice of services to people of all ages with a range of disabilities and health conditions, allowing carers to have some relief and time to themselves.

Diversity

We aim to ensure that our services are available to all sections of the population, regardless of ethnic origin, gender, sexual orientation, nationality or religion.

Direct Purchase

This service is for carers and clients who have been awarded Direct Payments and/or wish to purchase care privately.

We can provide a flexible, wide range of services through our fully trained and professional Care Support Workers in the family home (including taking the cared-for person out into the community where possible) including:

- Support for stroke and dementia
- Individual care packages for adults and children
- Personal care
- Mobility transfers
- Assistance with medication
- Meal preparation
- Support with eating and drinking

Some services can be available seven days a week and can include overnight support – we tailor our services to meet individual carer need. Please call to discuss how we can help you.

Visits are a minimum of one hour.

Our Staff

Our Care Support Workers are highly skilled with a wealth of experience, supported by our rigorous recruitment and ongoing training procedures – we invest in many specialist areas such as autism, dementia and palliative care.

Our dedicated team of staff develop trusting, long lasting relationships with the people they care for. This provides carers with confidence, respect and peace of mind to make the most of their respite time and continue their caring role.

We have comprehensive insurance allowing our staff to administer medication and perform specialised tasks such as peg feeding.

Quality

We strive to work to the highest standards and to improve our practice continuously. We are regulated and monitored by the Care Quality Commission to ensure that we meet nationally required standards.