

## Waltham Forest Bipolar UK Support Group

The group offers support and information in a friendly, safe and confidential setting for anyone affected by bipolar.

Family members, partners, friends and carers are all welcome.

Where: Harmony Hall, 10 Truro Road, Walthamstow, London, E17 7BY.

When: First Thursday in the month 7.30pm to 9.00pm

For further information about the services of **Bipolar UK** please call **0333 323 3885** or

Email: groupdevelopment@bipolaruk.org

Registered Office – 11 Belgrave Road, London, SW1V 1RB. Registered Charity No: 293340 www.bipolaruk.org